



## Players Code of Conduct

There are certain Codes of Conduct that are expected of all members and visitors to the club. These are to ensure that all the players, spectators and officials can get the most from their time and enjoy their experience with us. Please take the time to read through these, they are the guiding principles for your time at Canterbury Rugby Club.

- Play for Fun -not just to please your parents and coaches
- Play to the Rules. Don't Cheat
- Don't argue with the referee. Referees will not change their decision and they might penalise you or your team even more.
- Remember that the referee is a volunteer and that the game cannot happen without them!
- Control your temper and your mouth. Lose your head and your team loses a player.
- Never give up.
- Always give your best. The game is not over until the final whistle.
- Be a good sport. Recognise good rugby and learn from it, even if it comes from the other side.
- Improve your skills. Work hard at training –if you play better your team will do better.
- Don't be selfish. Co-operate with your team. Teams win, not individuals
- Don't show off – even when you've scored
- Be a team player -encourage your team mates, play by example DON'T put them down. Respect is a key principle of the game we love.

## Rugby Core Values

- **Teamwork**
- **Respect**
- **Enjoyment**
- **Discipline**
- **Sportsmanship**



For further information contact the club's Safe Guarding Officer  
Steve Blanche

steve.blanche@yahoo.com  
or

07966454159



## **Teamwork**

Teamwork is essential to our sport. We welcome all new team members and include all because working as a team enriches our lives. We play selflessly: working for the team, not for ourselves alone, both on and off the field. We take pride in our team, rely on one another and understand that each player has a part to play. We speak out if our team or sport is threatened by inappropriate words or actions.

## **Respect**

Mutual respect forms the basis of our sport. We hold in high esteem our sport, its values and traditions and earn the respect of others in the way we behave. We respect our match officials and accept our decisions. We respect opposition players and supporters. We value our coaches and those who run our clubs and treat clubhouses with consideration.

## **Enjoyment**

Enjoyment is the reason we play and support rugby union. We encourage players to enjoy training and playing. We use our sport to adopt a healthy lifestyle and build life skills. We safeguard our young players and help them have fun. We enjoy being part of a team and part of the rugby family.

## **Discipline**

Strong discipline underpins our sport. We ensure that our sport is one of controlled physical endeavour and that we are honest and fair. We obey the laws of the game which ensure an inclusive and exciting global sport. We support our disciplinary system, which protects our sport and upholds its values. We observe the sport's laws and regulations and report serious breaches.



## **Sportsmanship**

Sportsmanship is the foundation upon which rugby union is built. We uphold the rugby tradition of camaraderie with teammates and opposition. We observe fair play both on and off the pitch and are generous in victory and dignified in defeat. We play to win but not at all costs and recognise both endeavour and achievement. We ensure that the wellbeing and development of individual players is central to all rugby activity.